

## GUIDANCE

The Guidance Team at Holy Cross College aims to provide support for all students. We help them deal with the challenges they may face at present, and the choices they make which will affect their present and future lives.

### WHAT IS GUIDANCE?

**At Holy Cross College there is a strong pastoral ethos.**

One of the central aims of the College is “**CARE FOR ALL**”. This is demonstrated very clearly in the provision of Guidance for our pupils.

The Guidance Team works with other providers of pastoral care in the school and beyond to try to ensure that pupils find appropriate support in a range of contexts.

*Guidance encompasses:*

- Pupil Support
- Careers Information
- Education and Guidance
- Peer Mentoring
- Guidance for Parents

### EMOTIONAL SUPPORT

Pupils can feel unhappy for a wide range of reasons. Stress, exam pressure, fall-outs with friends, bereavement, family separations are a few examples. We encourage pupils to talk to someone if they feel distressed. In school there is a range of support organizations. We also work closely with other support services outside school.

### SUPPORT NETWORK



### LINKS WITH OUTSIDE AGENCIES

The Guidance Team works with members of the wider community: Health professionals, Social Services as well as local employers and businesses to give pupils the opportunity to access support and create opportunities for work experience and development of life skills.

**CAREERS GUIDANCE**

Pupils participate in planned career programmes that allow them to consider their career options and to help them make appropriate decisions (particularly at points of transition)

Guidance is also provided to parents at these points of transition. Pupils are supported by the Careers Advice Service

Work experience is planned for pupils. This is designed to be appropriate to pupil career plans and age.

Pupils are supported through the application process for university (UCAS). All school leavers are supported to make appropriate choices for their future.

**REFERRALS AND CONFIDENTIALITY**

Pupils themselves often come forward for support. Sometimes teachers or friends of pupils who are worried come to the guidance team with their concerns.

Parents also may contact the college if they have a concern or feel that their child needs support.

All referrals are treated with sensitivity and in confidence, although in some cases (*to ensure the safeguarding of children*) we must share information with other agencies/professionals.

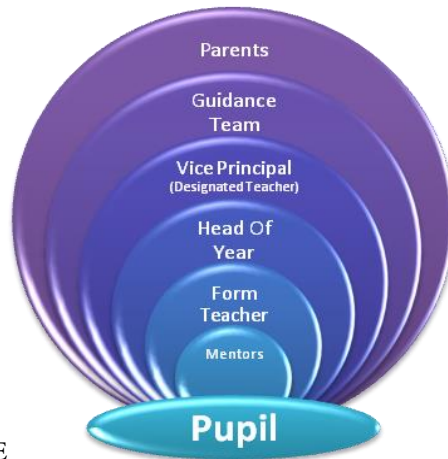
(SEE COLLEGE POLICY ON CHILD PROTECTION)

**PARENTS: IF YOU DO NOT WISH YOUR CHILD TO ACCESS ANY OF THE GUIDANCE SERVICES PLEASE CONTACT MRS QUINN. [HOLY CROSS COLLEGE Tel. 71880315]**

**OTHER USEFUL CONTACTS  
FOR GUIDANCE AND SUPPORT**

The Samaritans .....	Tel. 71265511
Childline.....	Tel. 90327773
N.S.P.C.C.....	Tel. 0808 8005000
Lifeline.....	Tel. 0808 8088000
Parents Advice Centre.....	Tel. 71266663
The Koram Centre.....	Tel. 71886181
Zest/prevent self harm and suicide.....	Tel. 71266999
Eating Disorder N.I.....	Tel. 90618299

THE GUIDANCE  
NETWORK IN  
HOLY CROSS COLLEGE



Signed \_\_\_\_\_ (Principal) \_\_\_\_\_ (Chair, Board of Governors) Date \_\_\_\_/\_\_\_\_/20\_\_\_\_